



**DAY 1**

<b>Time</b>	<b>Km</b>	<b>Instruction</b>	<b>For</b>	<b>Toward</b>
<b>08:30</b>	<b>0,0</b>	<b>Depart CCSD [1335 Chemin Bord-du-Lac, Dorval QC] on Lakeshore Dr [Chemin Bord-du-Lac] (West)</b>	<b>2,2 km</b>	
08:42	2,2	Bear LEFT (West) onto Lakeshore Rd [Chemin Bord-du-Lac]	0,3 km	
08:44	2,5	Bear RIGHT (North) onto Lakebreeze Ave	0,3 km	
08:45	2,8	Continue (East) on Ramp	0,3 km	
08:47	3,0	Bear RIGHT (North) onto Boulevard des Sources [Des Sources Blvd]	2,3 km	
09:00	5,3	Turn RIGHT (East) onto Avenue de l' Aviation [Chemin de l' Aviation]	1,5 km	
<b>09:08</b>	<b>6,9</b>	<b>At 2207 Avenue de l'Aviation, Dorval QC, continue (North) on Avenue André</b>	<b>0,3 km</b>	
09:10	7,2	Turn RIGHT (North-East) onto Chemin St-François	0,3 km	
09:12	7,5	Continue (North-East) on Rue Frédérick-Banting	0,3 km	
09:14	7,8	Turn LEFT (North) onto Avenue Marie-Curie	0,6 km	
<b>09:18</b>	<b>8,5</b>	<b>At roundabout, take the SECOND exit</b>	<b>50 m</b>	
09:18	8,5	Exit roundabout onto Boulevard Alfred-Nobel	0,4 km	
09:21	8,9	Turn RIGHT (East) onto Boulevard Hymus [Hymus Blvd]	0,3 km	
09:22	9,2	Continue (North) on Boulevard Henri-Bourassa (W)	1,3km	

09:30	10,5	Rest break (1 mins)	
09:31	10,5	Stay on Boulevard Henri-Bourassa (North-East)	0,1 km
09:32	10,6	Turn LEFT (North-West) onto Rue Valiquette	0,3 km
09:35	10,9	Turn RIGHT (North-West) onto Boulevard Pitfield	1,2 km
09:41	12,1	Turn RIGHT (East) onto Boulevard Gouin W	1,6 km
<b>09:50</b>	<b>13,7</b>	<b>At Collège Ste-Marcelline [9155 Boulevard Gouin W, Montréal, QC, (514) 334-9651], stay on Boulevard Gouin W (North-East)</b>	<b>2,2 km</b>
10:02	15,9	Turn LEFT (North-West) onto Rte-117 [Boulevard Laurentien]	1,0 km
10:08	16,9	Bear RIGHT (North) onto Local road(s)	60 m
10:09	17,0	Bear RIGHT (East) onto Boulevard Lévesque W	0,8 km
10:13	17,8	Continue (East) on Boulevard des Prairies	2,3 km
<b>10:25</b>	<b>20,0</b>	<b>At 277 Blvd des Prairies, Laval QC, turn LEFT (North-West) onto Avenue du Crochet</b>	<b>0,7 km</b>
10:30	20,7	Turn RIGHT (East) onto Rue Montmorency	0,1 km
10:31	20,8	Turn LEFT (North-West) onto Avenue Ampère	0,1 km
10:32	21,0	Rest break (1 mins)	
10:33	21,0	Stay on Avenue Ampère (North-West)	1,8 km
10:43	22,8	Turn RIGHT (North-East) onto Rue de Chevillon	0,2 km

10:44	23,0	Turn LEFT (North-West) onto Rue Fleetwood	0,4 km
<b>10:47</b>	<b>23,4</b>	<b>At near Laval, turn RIGHT (North) onto Boulevard St-Martin W [Rte-148 E]</b>	<b>70 m</b>
10:48	23,5	Bear RIGHT (North-East) onto Rte-148 [Boulevard St-Martin W]	0,9 km
10:53	24,4	Continue (North-East) on Local road(s)	30 m
10:54	24,4	Turn LEFT (North) onto Rte-335 [Boulevard des Laurentides]	6,6 km
11:30	31,0	Turn LEFT (West) onto Boulevard Ste-Rose (E)	0,9 km
11:34	31,9	Rest break (1 mins)	
11:35	31,9	Stay on Boulevard Ste-Rose E (West)	0,4 km
<b>11:37</b>	<b>32,3</b>	<b>At Ste-Rose [97 Boulevard Ste-Rose E, Laval, QC], stay on Boulevard Ste-Rose E (West)</b>	<b>2,6 km</b>
11:52	34,9	Bear RIGHT (West) onto Local road(s)	50 m
11:53	35,0	Bear RIGHT (North) onto Rte-117 [Boulevard Curé-Labelle]	0,6 km
11:56	35,5	Bear RIGHT (North) onto HWY-117	1,1 km
12:00	36,6	Turn LEFT (South) onto HWY-344 [Ch de la Grande-Cote]	0,9 km
<b>12:04</b>	<b>37,6</b>	<b>At 24 Ch de la Grande-Cote, Boisbriand QC, turn RIGHT (North-West) onto Montée Sanche</b>	<b>1,8 km</b>
12:11	39,3	Bear RIGHT (North-West) onto Rue Turgeon	1,5 km
12:19	40,8	Bear LEFT (West) onto Rue Blainville O	0,1 km
<b>12:20</b>	<b>40,9</b>	<b>At Rue de l'Eglise, Sainte-Thérèse QC, turn RIGHT</b>	<b>0,2</b>

		<b>(North) onto Rue de l'Eglise</b>	<b>km</b>
12:21	41,1	Turn RIGHT (North-East) onto Rue St-Charles	90 m
12:22	41,2	Turn LEFT (North-West) onto Rue St-Louis	0,9 km
<b>12:26</b>	<b>42,0</b>	<b>At near Sainte-Thérèse, turn RIGHT (North-East) onto Ch de la Cote-St-Louis O</b>	<b>0,2 km</b>
12:27	42,2	Continue (North-East) on Ch Cote St-Louis	0,2 km
12:28	42,4	Bear LEFT (North) onto Ch de Cote-St-Louis O	0,3 km
<b>12:29</b>	<b>42,7</b>	<b>Arrive near Sainte-Thérèse</b>	
<b>13:29</b>	<b>42,7</b>	<b>Depart near Sainte-Thérèse on HWY-117 [Boul Cure-Labelle] (North-West)</b>	<b>15,4 km</b>
14:28	58,1	Turn RIGHT (North-East) onto Rue du Boise	0,5 km
<b>14:30</b>	<b>58,6</b>	<b>Rest break (1 mins)</b>	
14:31	58,6	Stay on Rue du Boise (North-East)	90 m
<b>14:31</b>	<b>58,7</b>	<b>At 877 Rue du Boise, Saint-Antoine QC, turn LEFT (North-West) onto 20 Av (S)</b>	<b>2,2 km</b>
14:42	60,8	Continue (North-West) on Rue Melancon	0,5 km
14:45	61,4	Continue (North) on Rue O'Shea	0,4 km
14:48	61,8	Turn LEFT (West) onto Rue Parent	0,3 km
14:50	62,1	Turn RIGHT (North) onto Rue Ste-Anne	0,1 km
<b>14:51</b>	<b>62,2</b>	<b>At Saint-Jérôme, turn LEFT (West) onto Rue du Palais</b>	<b>0,3 km</b>

14:53	62,5	Turn RIGHT (North) onto HWY-117 [Rue Labelle]	9,9 km
15:32	72,4	Rest break (1 mins)	
15:33	72,4	Stay on HWY-117 (North)	12,8 km
16:22	85,2	Bear RIGHT (East) onto Local road(s)	0,7 km
16:25	85,9	Bear LEFT (North-East) onto Local road(s)	0,2 km
16:25	86,0	Bear RIGHT (East) onto Local road(s)	0,3 km
16:27	86,4	Turn LEFT (North-West) onto Local road(s)	70 m
16:27	86,5	Turn RIGHT (North-East) onto Local road(s)	80 m
<b>16:27</b>	<b>86,5</b>	<b>At near Mont-Rolland, stay on Local road(s) (North-East)</b>	<b>0,1 km</b>
16:28	86,6	Turn LEFT (North) onto Local road(s)	0,1 km
16:28	86,7	Bear LEFT (North-West) onto Local road(s)	0,1 km
16:28	86,8	Bear LEFT (West) onto Local road(s)	90 m
16:29	86,9	Bear RIGHT (West) onto Local road(s)	0,2 km
16:29	87,2	Bear LEFT (West) onto Local road(s)	50 m
16:30	87,2	Bear RIGHT (North) onto HWY-117	0,9 km
16:34	88,2	Rest break (1 mins)	
16:35	88,2	Stay on HWY-117 (West)	0,3 km
16:36	88,5	Turn RIGHT (North-East) onto HWY-370	7,1km

<b>17:03</b>	<b>95,5</b>	<b>At HWY-370, Sainte-Adèle QC, bear LEFT (North-West) onto Local road(s)</b>	<b>4,3 km</b>
17:19	99,9	Turn RIGHT (North-West) onto Local road(s)	0,4 km
17:20	100,3	Turn LEFT (South) onto Local road(s)	1,1 km
17:24	101,4	Turn LEFT (South) onto Local road(s)	0,2 km
17:25	101,6	Bear RIGHT (West) onto Local road(s)	0,5 km
17:27	102,1	Bear RIGHT (West) onto Local road(s)	20 m
17:27	102,1	Bear RIGHT (West) onto Local road(s)	0,2 km
17:28	102,2	Bear LEFT (West) onto Local road(s)	0,5 km
17:29	102,7	Turn RIGHT (North) onto Local road(s)	1,1 km
17:33	103,8	Bear LEFT (North) onto Local road(s)	0,3 km
17:35	104,1	Bear RIGHT (North-West) onto Local road(s)	90 m
<b>17:35</b>	<b>104,2</b>	<b>Rest break (1 mins)</b>	
17:36	104,2	Bear LEFT (West) onto Local road(s)	0,1 km
17:36	104,3	Turn RIGHT (North-East) onto Local road(s)	0,4 km
17:38	104,7	Turn RIGHT (North-East) onto Local road(s)	0,3 km
17:39	105,0	Turn LEFT (North-West) onto Local road(s)	0,5 km
17:41	105,4	Bear LEFT (West) onto Local road(s)	0,3km

17:42	105,7	Turn LEFT (West) onto Local road(s)	0,1 km
17:42	105,8	Bear RIGHT (North) onto Local road(s)	0,5 km
17:44	106,3	Turn LEFT (North-West) onto Local road(s)	0,2 km

**17:45 106,5 Arrive Val-David**

**End of day**

**DAY 2**

<b>Time</b>	<b>Km</b>	<b>Instruction</b>	<b>For</b>	<b>Toward</b>
<b>08:30</b>	<b>106,5</b>	<b>Depart Val-David on Local road(s) (South-East)</b>	<b>0,2 km</b>	
08:31	106,7	Turn RIGHT (South-West) onto Local road(s)	0,5 km	
08:32	107,1	Bear LEFT (South-East) onto Local road(s)	0,1 km	
08:33	107,2	Turn RIGHT (South) onto Local road(s)	0,3 km	
08:34	107,5	Bear RIGHT (South-East) onto Local road(s)	0,5 km	
08:36	108,0	Turn RIGHT (South-West) onto Local road(s)	0,3 km	
08:37	108,2	Turn LEFT (South-East) onto Local road(s)	0,4 km	
08:38	108,6	Turn LEFT (South-East) onto Local road(s)	0,1 km	
08:39	108,7	Bear RIGHT (South-East) onto Local road(s)	90 m	
08:39	108,8	Bear LEFT (East) onto Local road(s)	0,3	

			km
08:40	109,2	Bear RIGHT (South) onto Local road(s)	1,1 km
08:44	110,2	Turn LEFT (East) onto Local road(s)	0,5 km
08:46	110,7	Bear RIGHT (South) onto Local road(s)	0,2 km
08:46	110,8	Bear LEFT (East) onto Local road(s)	20 m
08:47	110,9	Bear LEFT (North-East) onto Local road(s)	0,5 km
08:48	111,4	Bear LEFT (North-East) onto Local road(s)	0,2 km
08:49	111,6	Turn RIGHT (East) onto Local road(s)	1,1 km
08:53	112,7	Turn RIGHT (East) onto Local road(s)	0,4 km
08:55	113,0	Turn LEFT (East) onto Local road(s)	4,3 km
<b>09:11</b>	<b>117,4</b>	<b>At HWY-370, Sainte-Adèle QC, bear RIGHT (South) onto HWY-370</b>	<b>5,4 km</b>
09:31	122,7	Rest break (1 mins)	
09:32	122,7	Stay on HWY-370 (South)	1,7 km
09:39	124,5	Turn LEFT (South-East) onto HWY-117	1,3 km
09:44	125,7	Bear LEFT (South-East) onto Local road(s)	50 m
09:44	125,8	Bear RIGHT (South-East) onto Local road(s)	0,2 km
09:45	126,0	Bear LEFT (East) onto Local road(s)	90 m

09:45	126,1	Bear RIGHT (East) onto Local road(s)	0,1 km
09:46	126,2	Bear RIGHT (South) onto Local road(s)	0,1 km
09:46	126,3	Turn RIGHT (West) onto Local road(s)	0,1 km
<b>09:46</b>	<b>126,4</b>	<b>At near Mont-Rolland, stay on Local road(s) (South-West)</b>	<b>70 m</b>
09:47	126,5	Turn LEFT (South-East) onto Local road(s)	70 m
09:47	126,5	Turn RIGHT (South-West) onto Local road(s)	0,3 km
09:48	126,9	Bear LEFT (South-West) onto Local road(s)	0,2 km
09:49	127,0	Bear RIGHT (West) onto Local road(s)	0,7 km
09:52	127,8	Bear LEFT (South-West) onto HWY-117	11,0 km
10:33	138,7	Rest break (1 mins)	
10:34	138,7	Stay on HWY-117 (South)	11,7 km
11:21	150,5	Turn LEFT (East) onto Rue du Palais	0,3 km
<b>11:22</b>	<b>150,7</b>	<b>Arrive Saint-Jérôme</b>	
<b>12:22</b>	<b>150,7</b>	<b>Depart Saint-Jérôme on Rue Ste-Anne (South)</b>	<b>0,1 km</b>
12:24	150,8	Turn LEFT (East) onto Rue Parent	0,3km
12:26	151,2	Turn RIGHT (South) onto Rue O'Shea	0,4 km
12:28	151,6	Continue (South) on Rue Melancon	0,5 km

12:32	152,1	Continue (South-East) on 20 Av (N)	2,2 km
<b>12:42</b>	<b>154,3</b>	<b>At 877 Rue du Boise, Saint-Antoine QC, turn RIGHT (South-West) onto Rue du Boise</b>	<b>0,6 km</b>
12:45	154,9	Turn LEFT (South) onto HWY-117 [Rte 117]	10,0 km
<b>13:23</b>	<b>164,8</b>	<b>Rest break (1 mins)</b>	
13:24	164,8	Stay on HWY-117 [Boul Cure-Labelle] (South-East)	5,4 km
<b>13:44</b>	<b>170,2</b>	<b>At near Sainte-Thérèse, turn RIGHT (South) onto Ch de Cote-St-Louis O</b>	<b>0,3 km</b>
13:46	170,5	Bear RIGHT (South-West) onto Ch Cote St-Louis	0,2 km
13:47	170,7	Continue (South-West) on Ch de la Cote-St-Louis O	0,2 km
<b>13:47</b>	<b>170,9</b>	<b>At near Sainte-Thérèse, turn LEFT (South-East) onto Rue St-Louis</b>	<b>0,9 km</b>
13:52	171,7	Turn RIGHT (South-West) onto Rue St-Charles	90 m
13:53	171,8	Turn LEFT (South) onto Rue de l'Eglise	0,2 km
<b>13:54</b>	<b>172,0</b>	<b>At Rue de l'Eglise, Sainte-Thérèse QC, turn LEFT (East) onto Rue Blainville O</b>	<b>0,1 km</b>
13:55	172,1	Bear RIGHT (South-East) onto Rue Turgeon	1,5 km
14:03	173,6	Bear LEFT (East) onto Montée Sanche	1,8 km
<b>14:10</b>	<b>175,4</b>	<b>At 24 Ch de la Grande-Cote, Boisbriand QC, turn LEFT (North-East) onto HWY-344 [Ch de la Grande Cote]</b>	<b>0,9 km</b>
14:13	176,3	Turn RIGHT (South-East) onto HWY-117 [Boul	1,1

		Labelle]	km
14:18	177,4	Bear LEFT (South) onto Rte-117 [Boulevard Curé-Labelle]	0,6 km
14:21	178,0	Turn LEFT (North-East) onto Boulevard Ste-Rose (E)	0,6 km
14:25	178,7	Rest break (1 mins)	
14:26	178,7	Stay on Boulevard Ste-Rose (North-East)	2,0 km
<b>14:37</b>	<b>180,7</b>	<b>At Ste-Rose [97 Boulevard Ste-Rose E, Laval, QC], stay on Boulevard Ste-Rose E (East)</b>	<b>1,3 km</b>
14:44	182,0	Bear RIGHT (South) onto Rte-335 [Boulevard des Laurentides]	6,4 km
15:19	188,3	Bear RIGHT (South) onto Local road(s)	50 m
15:20	188,4	Bear RIGHT (South-West) onto Rte-148 [Boulevard St-Martin W]	0,9 km
15:25	189,3	Bear RIGHT (West) onto Boulevard St-Martin W [Rte-148 O]	0,3 km
15:27	189,6	Rest break (1 mins)	
15:28	189,6	Stay on Boulevard St-Martin W [Rte-148 E] (South)	0,3 km
<b>15:29</b>	<b>189,9</b>	<b>At near Laval, turn RIGHT (South-East) onto Rue Fleetwood</b>	<b>0,4 km</b>
15:32	190,3	Turn RIGHT (South-West) onto Rue de Chevillon	0,2 km
15:34	190,5	Turn LEFT (South-East) onto Avenue Ampère	2,1 km
15:46	192,7	Turn RIGHT (South-West) onto Boulevard Cartier W	0,1 km
15:47	192,8	Turn LEFT (South-East) onto Avenue du Crochet	0,5 km

<b>15:50</b>	<b>193,3</b>	<b>At 277 Blvd des Prairies, Laval QC, turn RIGHT (South-West) onto Boulevard des Prairies</b>	<b>2,3 km</b>
16:02	195,5	Continue (West) on Boulevard Lévesque W	0,8 km
16:07	196,3	Turn LEFT (South) onto Rte-117 [Boulevard Curé-Labelle]	1,1 km
16:13	197,4	Turn RIGHT (South-West) onto Boulevard Gouin W	2,2 km
<b>16:25</b>	<b>199,6</b>	<b>At Collège Ste-Marcelline [9155 Boulevard Gouin W, Montréal, QC, (514) 334-9651], stay on Boulevard Gouin W (South-West)</b>	<b>0,7 km</b>
16:29	200,3	Rest break (1 mins)	
16:30	200,3	Stay on Boulevard Gouin W (South-West)	1,0 km
16:36	201,3	Turn LEFT (South) onto Boulevard Pitfield	1,2 km
16:42	202,5	Turn RIGHT (South-West) onto Rue Cypihot	0,8 km
16:47	203,4	Turn LEFT (South-East) onto Rue Etingin	0,2 km
16:49	203,6	Turn RIGHT (South-West) onto Boulevard Henri-Bourassa W	0,7 km
16:53	204,3	Bear RIGHT (West) onto Boulevard Hymus [Hymus Blvd]	1,3 km
17:01	205,6	Turn LEFT (South-East) onto Avenue André	0,7 km
<b>17:05</b>	<b>206,3</b>	<b>At 2207 Avenue de l'Aviation, Dorval QC, continue (South) on Avenue de l' Aviation</b>	<b>1,5 km</b>
17:13	207,8	Turn LEFT (South-East) onto Boulevard des Sources [Des Sources Blvd]	2,3 km

17:26	210,1	Continue (South) on Ramp	0,4 km
17:28	210,5	Turn RIGHT (South) onto Avenue Lake	0,5 km
17:30	211,0	Rest break (1 mins)	
17:31	211,0	Stay on Avenue Lake (South-West)	40 m
17:32	211,1	Turn LEFT (South-East) onto Lakeshore Dr [Chemin Bord-du-Lac]	2,0 km
17:43	213,1	<b>Arrive CCSD [1335 Chemin Bord-du-Lac, Dorval QC]</b>	

### ***SUMMARY***

Driving distance: 213,1 kilometers

Trip duration: 1 day, 9 hours, 13 minutes

Driving time: 16 hours, 14 minutes

Cost: 0,00 \$