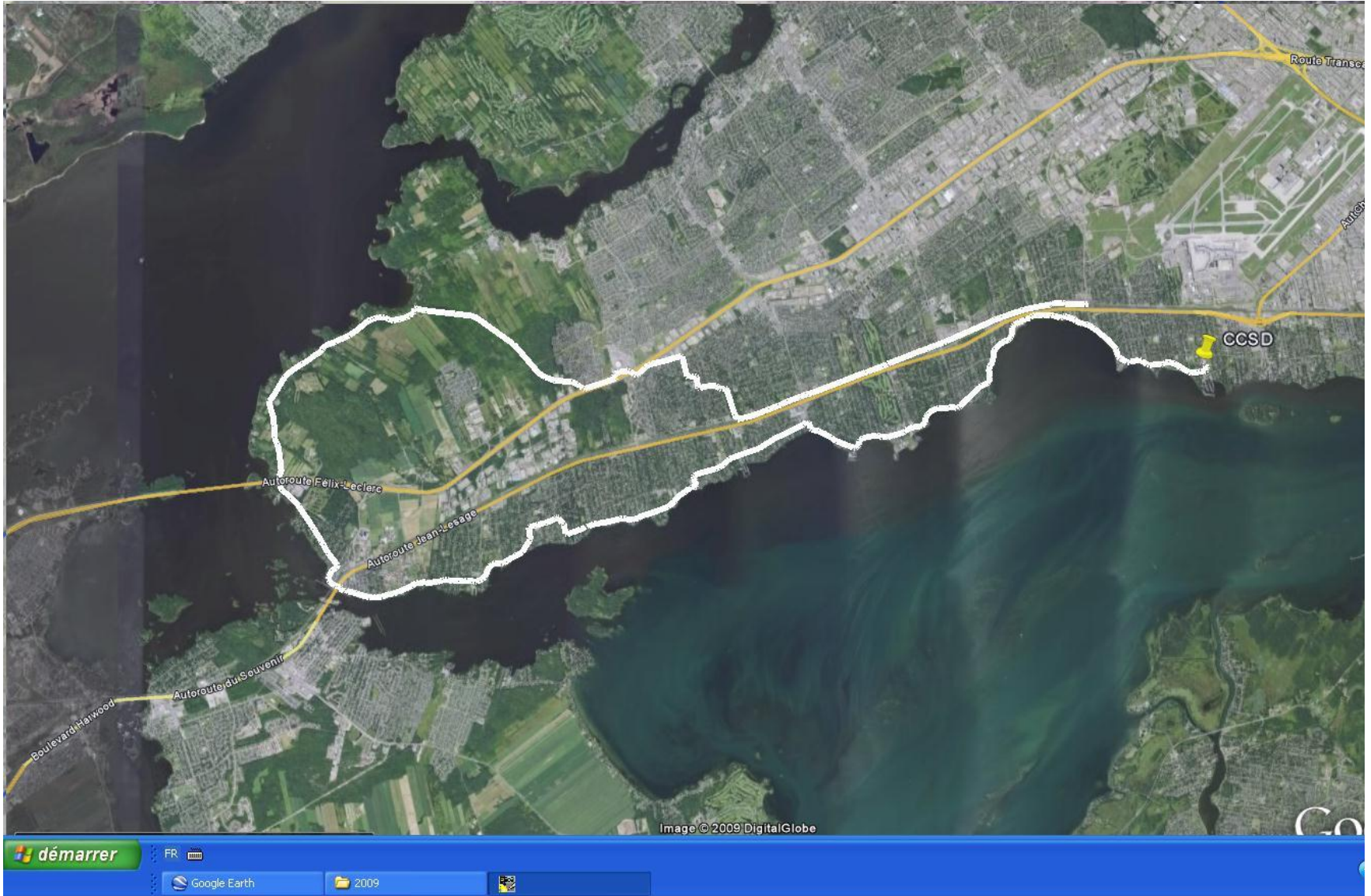
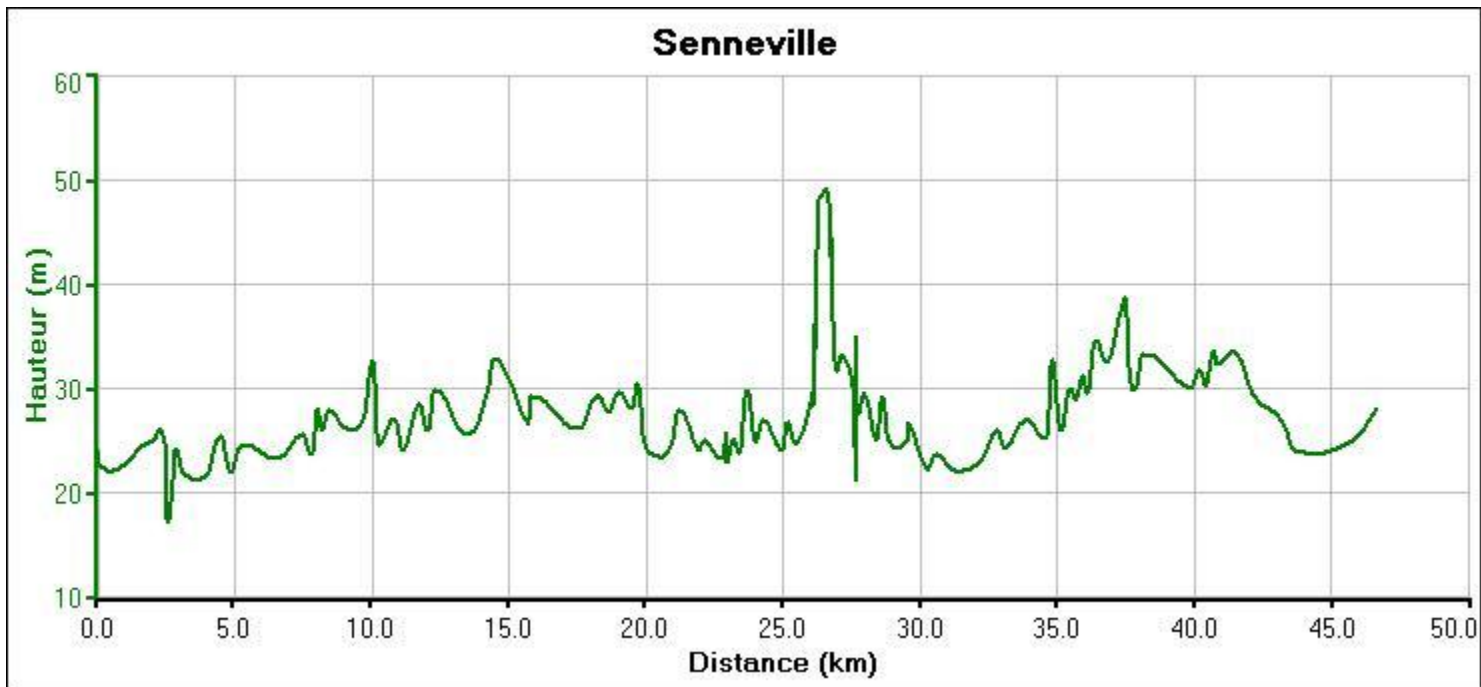


Senneville 43,2 Km







Summary: 35.5 kilometers (2 hours, 29 minutes)

Time	Km	Instruction	For	Toward
06:30	0.0	Depart Centre communautaire Sarto-Desnoyers [1335 Chemin Bord-du-Lac, Dorval QC] on Lakeshore Dr [Chemin Bord-du-Lac] (West)	2.2 km	
06:39	2.2	Bear LEFT (West) onto Lakeshore Rd [Chemin Bord-du-Lac]	5.8 km	
07:04	7.9	At Beaconsfield Yacht Club [26 Lakeshore Rd, Beaconsfield, QC, (514) 695-1272], stay on Lakeshore Rd (West)	0.9 km	
07:08	8.8	Bear RIGHT (North-West) onto Boulevard St-Charles	0.1 km	

07:09	9.0	Turn LEFT (West) onto Beaconsfield Blvd	2.3 km
07:20	11.3	Turn LEFT (South) onto Neveu Ave	90 m
<b>07:20</b>	<b>11.4</b>	<b>At École St-Rémi [16 Neveu Ave, Beaconsfield, QC, (514) 695-4021], stay on Neveu Ave (South)</b>	<b>100 m</b>
07:21	11.5	Bear RIGHT (South-West) onto Lakeshore Rd	2.0 km
07:30	13.5	Continue (West) on Rue Lakeshore	1.6 km
<b>07:37</b>	<b>15.2</b>	<b>At Hôtel de Ville Baie d'Urfé [20410 Rue Lakeshore, Baie-d'Urfé, QC, (514) 457-5324], stay on Rue Lakeshore (South-West)</b>	<b>1.6 km</b>
07:45	16.8	Continue (West) on Chemin Lakeshore	0.9 km
07:48	17.7	Bear RIGHT (West) onto Rue Ste-Anne	0.7 km
<b>07:51</b>	<b>18.3</b>	<b>At Hôtel de Ville Ste-Anne-de-Bellevu [109 Rue Ste-Anne, Ste-Anne-de-Bellevue, QC, (514) 457-5500], stay on Rue Ste-Anne (North-West)</b>	<b>0.7 km</b>
07:54	19.0	Turn LEFT (North-West) onto Chemin Senneville	0.9 km
<b>07:58</b>	<b>19.9</b>	<b>At Hôtel de Ville Senneville [35 Chemin Senneville, Senneville, QC, (514) 457-6020], stay on Chemin Senneville (North-West)</b>	<b>5.8 km</b>
08:17	25.7	Turn RIGHT (East) onto Chemin de l' Anse-À-l'Orme	2.5 km
<b>08:25</b>	<b>28.2</b>	<b>At Parc l'Anse-À-l'Orme [Chemin de l'Anse-À-l'Orme, Ste-Anne-de-Bellevue,</b>	<b>1.0 km</b>

**QC], stay on Chemin de l' Anse-À-l'Orme  
(East)**

08:29	29.2	Turn LEFT (East) onto Chemin Ste-Marie	0.8 km
08:32	30.0	Bear RIGHT (East) onto Ramp	0.5 km
08:34	30.5	Bear RIGHT (East) onto Transcanadienne	0.1 km
08:35	30.6	Continue (East) on Chemin Ste-Marie	0.6 km
08:38	31.2	Turn RIGHT (South) onto Montrose Dr	0.4 km
08:40	31.6	Turn LEFT (East) onto Windermere Rd	0.4 km
08:43	32.0	Turn LEFT (East) onto Sherbrooke St	0.5 km
08:45	32.5	Turn RIGHT (South) onto Westcroft Rd	0.6 km
08:48	33.1	Turn LEFT (East) onto Elm Ave	0.3 km
<b>08:50</b>	<b>33.4</b>	<b>At John F Kennedy School [215 Elm Ave, Beaconsfield, QC, (514) 697-1232], stay on Elm Ave (East)</b>	<b>2.0 km</b>
08:59	35.4	Continue (East) on Avenue Donegani	0.1 km
<b>08:59</b>	<b>35.5</b>	<b>Arrive near Beaconsfield</b>	

Summary: 7.1 kilometers (32 minutes)

<b>Time</b>	<b>Km</b>	<b>Instruction</b>	<b>For</b>	<b>Toward</b>
<b>09:00</b>	<b>0.0</b>	<b>Depart near Pointe-Claire on Donegani Ave (East)</b>	<b>2.1</b>	
			<b>km</b>	
<b>09:09</b>	<b>2.1</b>	<b>At Pointe-Claire [298 Donegani Ave, Pointe-Claire, QC], stay on Donegani Ave (East)</b>	<b>1.5</b>	
			<b>km</b>	
09:15	3.6	Turn LEFT (North) onto Chester Ave	40	
			m	
09:16	3.6	Turn RIGHT (East) onto Donegani Ave	0.3	
			km	
09:18	3.9	Bear RIGHT (South) onto Boulevard des Sources [Des Sources Blvd]	100	
			m	
09:18	4.0	Continue (South) on Ramp	0.4	
			km	
09:20	4.4	Turn RIGHT (South) onto Avenue Lake	0.5	
			km	
09:23	5.0	Turn LEFT (South-East) onto Lakeshore Dr [Chemin Bord-du-Lac]	90	
			m	
09:23	5.0	Turn RIGHT (South-West) onto Local road(s)	60	
			m	
<b>09:23</b>	<b>5.1</b>	<b>At Parc Valois, return North-East on Local road(s)</b>	<b>60</b>	
			<b>m</b>	
09:24	5.2	Turn RIGHT (East) onto Lakeshore Dr [Chemin Bord-du-Lac]	2.0	
			km	
<b>09:32</b>	<b>7.1</b>	<b>Arrive Centre communautaire Sarto-Desnoyers [1335 Chemin Bord-du-Lac, Dorval QC]</b>		