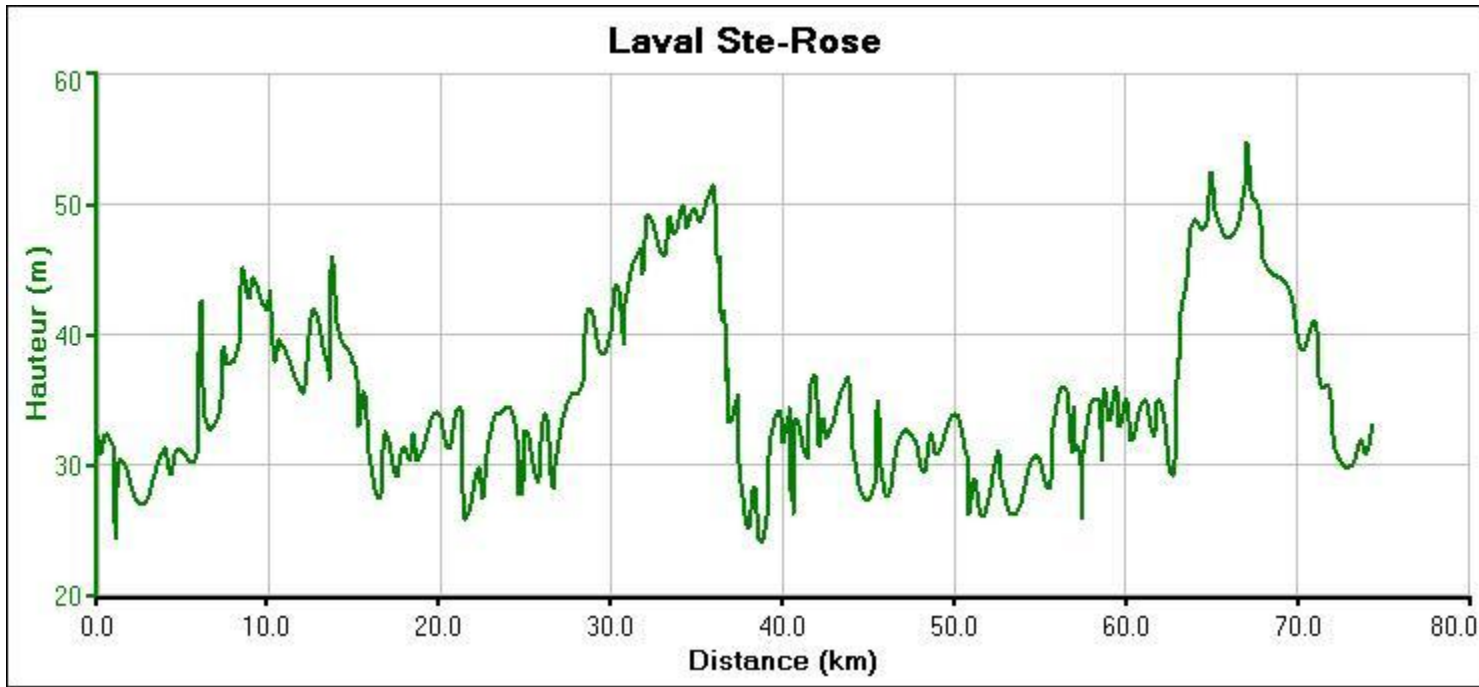


# Laval-Circuit Ste-Rose 69,5 Km





Summary: 71,3 kilometers (5 hours, 42 minutes)

Time	Km	Instruction	For	Toward
09:00	0,0	Depart CC Sarto-Desnoyers [1335 Chemin Bord-du-Lac, Dorval QC] on Lakeshore Dr [Chemin Bord-du-Lac] (West)	2,2 km	
09:07	2,2	Bear LEFT (West) onto Lakeshore Rd [Chemin Bord-du-Lac]	0,3 km	
09:09	2,5	Bear RIGHT (North) onto Lakebreeze Ave	0,3 km	
09:10	2,8	Continue (East) on Ramp	0,3 km	
09:11	3,0	Bear RIGHT (North) onto Boulevard des Sources [Des Sources Blvd]	2,3 km	

09:19	5,3	Turn RIGHT (East) onto Avenue de l' Aviation [Chemin de l' Aviation]	1,5 km
<b>09:24</b>	<b>6,9</b>	<b>At 2207 Avenue de l'Aviation, Dorval QC, continue (North) on Avenue André</b>	<b>0,3 km</b>
09:26	7,2	Turn RIGHT (North-East) onto Chemin St-François	0,3 km
09:28	7,5	Continue (North-East) on Rue Frédérick-Banting	0,3 km
09:29	7,8	Turn LEFT (North) onto Avenue Marie-Curie	0,6 km
09:32	8,5	At roundabout, take the SECOND exit	50 m
09:32	8,5	Exit roundabout onto Boulevard Alfred-Nobel	30 m
<b>09:32</b>	<b>8,6</b>	<b>At Blvd Alfred-Nobel, St-Laurent QC, stay on Boulevard Alfred-Nobel (North)</b>	<b>0,3 km</b>
09:33	8,9	Turn RIGHT (East) onto Boulevard Hymus [Hymus Blvd]	0,3 km
09:35	9,2	Continue (North) on Boulevard Henri-Bourassa (W)	1,5 km
09:41	10,6	Turn LEFT (North-West) onto Rue Valiquette	0,3 km
09:42	10,9	Turn RIGHT (North-West) onto Boulevard Pitfield	1,2 km
09:47	12,1	Turn RIGHT (East) onto Boulevard Gouin W	1,6 km
<b>09:52</b>	<b>13,7</b>	<b>At Collège Ste-Marcelline [9155 Boulevard Gouin W, Montréal, QC, (514) 334-9651], stay on Boulevard Gouin W (North-East)</b>	<b>2,1 km</b>

10:00	15,9	Rest break (1 mins)	
10:01	15,9	Stay on Boulevard Gouin W (North-East)	90 m
10:02	15,9	Turn LEFT (North-West) onto Rte-117 [Boulevard Laurentien]	1,0 km
10:05	16,9	Bear RIGHT (North) onto Local road(s)	60 m
10:06	17,0	Bear RIGHT (East) onto Boulevard Lévesque W	0,8 km
10:09	17,8	Continue (East) on Boulevard des Prairies	2,3 km
<b>10:17</b>	<b>20,0</b>	<b>At 277 Blvd des Prairies, Laval QC, turn LEFT (North-West) onto Avenue du Crochet</b>	<b>0,7 km</b>
10:20	20,7	Turn RIGHT (East) onto Rue Montmorency	0,1 km
10:21	20,8	Turn LEFT (North-West) onto Avenue Ampère	1,9 km
10:28	22,8	Turn RIGHT (North-East) onto Rue de Chevillon	0,2 km
10:29	23,0	Turn LEFT (North-West) onto Rue Fleetwood	0,4 km
<b>10:30</b>	<b>23,4</b>	<b>At 1783 Rue Fleetwood, Laval QC, stay on Rue Fleetwood (North-West)</b>	<b>60 m</b>
10:31	23,4	Turn LEFT (South-West) onto Boulevard St-Martin W [Rte-148 E]	0,5 km
10:33	24,0	Turn RIGHT (South-West) onto Rte-148 [Boulevard St-Martin W]	1,8 km
10:40	25,8	Turn RIGHT (North-West) onto Boulevard le Corbusier	4,0 km
10:54	29,8	Continue (North) on Rang de l'Équerre	2,0 km
11:02	31,8	Rest break (1 mins)	

11:03	31,8	Bear LEFT (West) onto Chemin de l'Équerre	1,2 km
11:07	33,0	Turn LEFT (South) onto Rue des Patriotes	0,4 km
11:09	33,4	Turn RIGHT (West) onto Boulevard Marc-Aurèle-Fortin	0,3 km
<b>11:10</b>	<b>33,6</b>	<b>Arrive 221 Blvd Marc-Aurèle-Fortin, Laval QC</b>	
<b>12:10</b>	<b>33,6</b>	<b>Depart 221 Blvd Marc-Aurèle-Fortin, Laval QC on Boulevard Marc-Aurèle-Fortin (West)</b>	<b>0,2 km</b>
12:11	33,8	Turn LEFT (South) onto Rue Roseval	0,4 km
<b>12:12</b>	<b>34,2</b>	<b>At 2525 Blvd de la Renaissance, Laval QC, turn RIGHT (West) onto Boulevard de la Renaissance</b>	<b>0,4 km</b>
12:14	34,6	Bear RIGHT (West) onto Local road(s)	20 m
12:15	34,6	Bear LEFT (West) onto Avenue de la Renaissance	0,6 km
12:17	35,3	Bear RIGHT (North-West) onto Rue P-É-Borduas	0,4 km
12:19	35,7	Turn LEFT (South-West) onto Boulevard Ste-Rose	6,5 km
12:42	42,1	Turn LEFT (South) onto Rue Frénette	0,6 km
12:45	42,7	Bear RIGHT (South) onto Boulevard Frénette	0,5 km
<b>12:46</b>	<b>43,2</b>	<b>At 4565 Blvd Frénette, Laval QC, turn RIGHT (West) onto Rue Panneton</b>	<b>0,7 km</b>
12:49	43,9	Turn RIGHT (West) onto Rue Désaulniers	0,3 km
<b>12:50</b>	<b>44,2</b>	<b>At 703 1E Ave, Laval QC, turn RIGHT</b>	<b>0,5 km</b>

**(North-West) onto 1E Avenue**

12:52	44,7	Turn LEFT (South-West) onto Boulevard Ste-Rose	80 m
12:53	44,8	Turn RIGHT (North-West) onto 55E Avenue	0,3 km
12:54	45,0	Bear LEFT (West) onto Rue Riviéra	0,6 km
<b>12:56</b>	<b>45,6</b>	<b>At 4573 Rue Riviéra, Laval QC, turn LEFT (South) onto 45E Avenue</b>	<b>0,3 km</b>
<b>12:57</b>	<b>46,0</b>	<b>At 1109 45E Ave, Laval QC, turn RIGHT (South-West) onto 12E Rue</b>	<b>0,1 km</b>
12:58	46,1	Turn RIGHT (West) onto Rte-148 [Boulevard Arthur-Sauvé]	0,2 km
13:00	46,3	Turn LEFT (South-East) onto Rue Prévert	0,1 km
13:01	46,4	Turn RIGHT (South-West) onto 10E Rue	0,1 km
13:01	46,5	Turn LEFT (South) onto Rue Riviéra	0,7 km
13:04	47,3	Turn RIGHT (South-West) onto 20E Rue	70 m
13:05	47,3	Bear LEFT (South) onto Rue Riviéra	60 m
<b>13:05</b>	<b>47,4</b>	<b>At 1918 Rue Riviéra, Laval QC, stay on Rue Riviéra (South-West)</b>	<b>0,2 km</b>
13:07	47,6	Continue (South) on 17E Avenue	0,2 km
13:08	47,8	Turn RIGHT (West) onto Rue Riviéra	0,6 km
<b>13:10</b>	<b>48,4</b>	<b>Rest break (1 mins)</b>	
13:11	48,4	Bear LEFT (South) onto 3E Avenue	0,2 km
<b>13:12</b>	<b>48,6</b>	<b>At 4102 3E Ave, Laval QC, stay on 3E Avenue (South-East)</b>	<b>0,3 km</b>
13:14	48,9	Bear RIGHT (South) onto Boulevard Ste-Rose	0,7 km

13:16	49,6	Turn LEFT (South-East) onto Rue les Peupliers	1,3 km
13:21	50,9	Turn LEFT (East) onto Rue les Érables	0,2 km
<b>13:22</b>	<b>51,1</b>	<b>At 118 Rue les Érables, Laval QC, turn RIGHT (South) onto Local road(s)</b>	<b>0,1 km</b>
13:23	51,2	*Check timetable* Take Traversier de l'Île Bizard-Laval (South)	
13:24	51,2	Take Local road(s) (South)	60 m
13:24	51,3	Turn LEFT (East) onto Chemin Dutour	1,4 km
13:28	52,6	Bear RIGHT (South) onto Rue Cherrier	2,6 km
13:38	55,2	Turn LEFT (South-East) onto Boulevard Jacques-Bizard	1,2 km
<b>13:42</b>	<b>56,4</b>	<b>At 15200 Blvd Pierrefonds, Pierrefonds QC, stay on Boulevard Jacques-Bizard (South)</b>	<b>1,0 km</b>
13:46	57,4	Continue (South-East) on Rue Sommerset	1,0 km
13:50	58,4	Turn RIGHT (South-West) onto Boulevard de Salaberry	1,0 km
13:53	59,4	Turn LEFT (East) onto Boulevard Brunswick	0,8 km
13:57	60,2	Turn LEFT (North-West) onto Local road(s)	20 m
13:57	60,2	Continue (North-West) on Greystone St	0,2 km
13:58	60,4	Turn RIGHT (North) onto Portway Ct	30 m
13:59	60,5	Bear RIGHT (North-East) onto Hermitage Ave	0,4 km
<b>14:00</b>	<b>60,8</b>	<b>At near Lakeroad, stay on Hermitage Ave (East)</b>	<b>0,6 km</b>

14:03	61,4	Turn RIGHT (South-East) onto Auto Plaza	0,2 km
14:04	61,6	Turn LEFT (North-East) onto Brunswick Blvd	0,3 km
14:05	61,9	Turn RIGHT (South-East) onto Boulevard St-Jean	1,1 km
14:10	63,0	Turn LEFT (East) onto Boulevard Hymus [Hymus Blvd]	0,8 km
14:12	63,8	Rest break (1 mins)	
14:13	63,8	Stay on Boulevard Hymus [Hymus Blvd] (North-East)	0,3 km
14:15	64,2	Turn RIGHT (South-East) onto Winthrop Ave	0,2 km
14:16	64,3	<b>At École St-Louis [151 Winthrop Ave, Pointe-Claire, QC, (514) 695-2200], stay on Winthrop Ave (East)</b>	<b>0,6 km</b>
14:18	64,9	Bear LEFT (East) onto Braebrook Ave	0,3 km
14:19	65,1	Turn RIGHT (South-East) onto Broadview Ave	0,3 km
14:21	65,5	Turn LEFT (North-East) onto St-Louis Ave [Avenue St-Louis]	1,2 km
14:25	66,7	<b>At St-Louis Ave, Pointe-Claire QC, turn RIGHT (South-East) onto Boulevard des Sources [Des Sources Blvd]</b>	<b>1,7 km</b>
14:31	68,4	Continue (South) on Ramp	0,4 km
14:32	68,8	Turn RIGHT (South) onto Avenue Lake	0,5 km
14:35	69,3	Turn LEFT (South-East) onto Lakeshore Dr [Chemin Bord-du-Lac]	2,0 km

**14:42**    **71,3**    **Arrive CC Sarto-Desnoyers [1335  
Chemin Bord-du-Lac, Dorval QC]**

***SUMMARY***

Driving distance: 71,3 kilometers  
Trip duration: 5 hours, 42 minutes  
Driving time: 4 hours, 37 minutes  
Cost: 0,00 \$