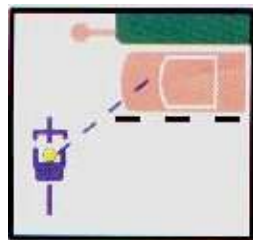


TIP OF THE WEEK # 11

Riding in Bunches

When you are riding in bunches :

- Try to keep at least a **bike length** between you and the rider in front of you.
- Sometimes it pays to stay **either side** of the rear wheel of the rider in front of you. Just an extra bit of room for you to move if they make some sudden moves
- If you pass an obstacle on the road (like a big pot-hole, or debris), try and warn the other riders behind you his could save some pile-ups of anyone behind!
- Try and keep a **consistent pace** - rather than surging or suddenly accelerating/decelerating. It's far safer to keep your pace as smooth as you can. One person slamming on the brakes in a bunch, can lead to all sorts of trouble behind them?
- Don't be afraid to **signal** or tell someone if you want to move left or right, or to pass someone - Use your hands. Wave or signal, pointing where you are going. Hold up your palm to tell them to halt. Use your voice. Yell, "Bike" or "Left".
- Make **eye contact** with other riders or motorists



MAKE EYE CONTACT